

CITY OF CARLSBAD PARKS AND RECREATION

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR COURSE (r.09)

As a Water Safety Instructor (WSI), you can:

- Teach skills that may save a life
- Gain terrific work experience as an aquatics professional
- Earn money or join a volunteer team while you help people learn valuable skills
- Learn organizational and presentation skills that will help you in any career

This course provides training in how to teach swimming and a variety of related aquatic skills. Emphasis is on class organization. Course length is 30 hours.

Prerequisites: Must be age 16 or older by the end of the class, possess current F.I.T. certificate or instructor authorization and successfully complete the Pre-Course Session.

Pre-Course Session includes: 25 meter demonstration of back crawl, front crawl, sidestroke, breaststroke, elementary backstroke, butterfly (15 meters) at level 4 skill or above; tread water 1 minute and maintain position on back for 1 minute in deep water.

Fee: \$220 with a \$30 discount for Carlsbad residents.

Schedule: Spring 2011

Saturday, 2/26/11	10 a.m. - 12 p.m.	PRE-COURSE SESSION
Tuesday, 3/1/11	6 p.m. - 9 p.m.	FIT COURSE Separate Fee-\$35
Thursday, 3/3/11	6 p.m. - 9 p.m.	FIT COURSE
Saturday, 3/5/11	9:15 a.m. - 12:30 p.m.	
Sunday, 3/6/11	3 - 6:15 p.m.	
Tuesday, 3/8/11	6 - 9:15 p.m.	
Thursday, 3/10/11	6 - 9:15 p.m.	
Saturday, 3/12/11	9:15 a.m. - 12:30 p.m.	
Sunday, 3/13/11	3 - 6:15 p.m.	
Tuesday, 3/15/11	6 - 9:15 p.m.	
Thursday, 3/17/11	6 - 9:15 p.m.	
Saturday, 3/19/11	9:15 a.m. - 12:30 p.m.	
Saturday, 3/19/11	1:30 - 4:30 p.m.	

For additional information please call the Monroe Street Pool at 760-602-4685.